

**Submission
No 184**

**INQUIRY INTO IMPACT OF THE REGULATORY
FRAMEWORK FOR CANNABIS IN NEW SOUTH WALES**

Name: Mrs Jenny McFadden

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We have enough evidence now to know that the use of legal cannabis can benefit so many people in so many ways. It's still too difficult to obtain for pain management and it should be able to be used legally both recreationally and medicinally. My mother who is in her 90s uses CBD oil for her pain and it's been extremely beneficial for that as well as helping her mood and her sleep. To be made legal people would be able to access it without paying a lot of money for something that they need on a regular basis and Health funds would be able to supply rebates if it were a regular medication (I hope).

It's time we let go of old-fashioned views on cannabis and realise the benefits outweigh negatives so that we can have something available to us, like the rest of the western world, that can do so much good.