

INQUIRY INTO BIRTH TRAUMA

Organisation: Hygieia Health Ltd

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Partially
Confidential

Please note that the following submission has been provided on behalf of
own:

The following words are her

Well when I was pregnant with my first she was 9 days overdue. I was induced but the night before my induction I lost my mucus plug. I called the hospital and they still advised me to come in for the induction.

I went in to do the induction but the contractions just kept coming, it was believed I was going thru a natural and induced labour at once. I went from 1cm dilated to 10cm dilated in the span of an hour. It was believed I was going thru

I ended up having an emergency c section due to my baby being stressed. I was put under.

I woke up in ICU 5 hours after my daughter was born with a tube down my throat. I was basically told that I lost 2 litres worth of blood, I started haemorrhaging. They had to sew my uterus into a ball to stop the bleeding otherwise they would have had to remove it and my placenta was only half the weight it should have been at full term.

I and my daughter are very lucky to be alive.

I was never offered the chance to talk to someone and help recover from the trauma, I was never referred to a therapist or mental health worker or shown where to go to find the support I needed to.