

Submission  
No 1374

## INQUIRY INTO BIRTH TRAUMA

**Name:** Name suppressed

**Date Received:** 9 August 2023

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Partially  
Confidential

To whom it may concern,

I birthed at the .

Birth suite.

post dates. induced. waters broken. syntocin drip. birthed within 30 mins.

Dismissed mother when she said multiple times, I'm pushing, the babies coming. From my( the birthing mother) knees got up on the bed to check myself (I am an Embryologist) the nurse turned around from her paperwork and went white, I never got off the bed to birth my baby. this was not my preference. Episiotomy that I did not want.

Failure to issue myself and baby with name band. Attempted to take baby away from mother for heel prick test. mother refused. mother and baby walked down stairs etc to NICU as it was a public holiday and nil staff. It took everything I had to walk straight, why was I carrying her without a portable bassinet.

on ward,

2x +++ suction events. Myconium birth. no support on ward. No-one even saw me the 2nd night on the ward. not one check. I saw no-one. no indication that time of breast feed was insufficient. needed support (just as an adjunct I successfully fed this baby, my child until she was 3). Baby choking, once in nurse arms in the day and once the night prior. Requested to see a paediatrician. they o2 her, said she looked a bit dark but ok. Didn't get weighed before we left. Couldn't wait to get out of the hospital. no support at all. no towel. no assessment of urine output. cannula not flushed. once staff realised urine output had not been assessed , extended time in of cannula.No perineum care, ice pack location etc. Didn't offer or couldn't find any staff not occupied for medication. used my own Panadol, and required my husband to provide my own towel.

Failure to see patient for an entire shift @ night post x 2 dusky' episodes.

Left hospital for home, within 3 hours of leaving the hospital, 1.5 hours of being home. resus required for my baby. Ambulance, taken to hospital and NICU. Baby weighed. Lost too much weight. (should never have been discharged prior to dusky episodes and weight loss).

the overnight rooms for NICU parents. ARE the most DISGUSTING I have ever stepped into in my whole life. they were DIRTY. NO toilet paper, hair and orange scum everywhere on all surfaces. Sanitary bin overflowing. Can you image just how awful this was after birth and trauma after resussing my own baby. after telling the drs somethings wrong and being ignored, its fine, go home.

NICU.

Head of NICU telling me that a apnea monitor was not necessary and there was nothing wrong with my baby, trying to discharge.us waiting on bloods : Troponin at 174.+++ elevated due to event, discharged after hearing this result. even thou this result came in, they didnt bring in a paediatric cardiologist for an opinion and ECHO/ECG etc. I can unequivocally say I was told we are no longer welcome, we have no space and was discharged from NICU at 9.30pm at night!! after no apnea monitor. how could we even sleep? we went from a chamber with beeps to this. Unequivocally our apnea monitor that we rented for 2.5 years was easeful, no problems with the older child in her sleep suit and unequivocally enabled me to sleep!!!

I pursued all options privately, successfully received an apnea monitor privately which was in fact recommended and was referred onto the cardiologist and respiratory for a sleep study re apnea etc.

I repeat. I was discharged with inadequate care at 9.30 at night in darkness with a new born baby we had previously only just gotten home to be resussed by me after a case of ALTE was unacceptable.

Also for note. Child diagnosed at 2 yrs of age Laryngeal cleft/ Laryngospasm. Picked up eventually by an unwavering commitment in her advocacy. this child could not drink water and would choke on watery foods. Exclusively Breastfeed until 3 yrs.

I am happy to give evidence at a hearing. My name is not to be published.