

Submission
No 1331

INQUIRY INTO BIRTH TRAUMA

Name: Name suppressed

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Partially
Confidential

My name is _____, I am the wife of an _____.
I run my own _____ & I volunteer with _____.

I have 4 children.
aged 23 years, 10years, .8 years and 6 years old.

1. In June 2013 I gave birth to my son at _____ Hospital.

During the prenatal visits, I was told throughout the pregnancy that my BMI and age (36) I was both obese and geriatric and was reminded every single appointment. Even though I was a size 14, large breasts but healthy and active. I was told this would impact the birth of my son. repeatedly.

I was also told that my son was in the 90th percentile and therefore would most likely be a C section.

My son was frank breech until 39 weeks, I declined the manual turning of the baby and was shamed by staff for that decision.

I went home and did exercises from spinning baby to encourage him to turn, in which he did at 39 weeks.
The morning I went in for an ultrasound to check his position and a possible c section. He was head down.
I should've been sent home.

However, an internal exam was performed showing I was not dilated.

However, the Dr took it upon herself to inform me that the hospital was not busy that day and "it's a good day to have a baby"

She broke my water without my permission.

I was told this was the safest way to give birth to my son or he may be still born due to his size.

I was not happy as I wanted my body to initiate birth on its own, especially since he turned around and was head down.

I was put on pitocin as my body was not going into labour, I was not being monitored properly by the midwives and left pretty much alone. therefore, my line was not working properly therefore my body was not going into labour and also my body and son were not ready.

Eventually what happened after 10 hours in stalled labour is I was not dilating, and my cervix was like a donut and squeezing my son's head.

He was in distress and his heart rate was going down.

I was rushed into emergency c section, where my son was with significant bruising on his head.

If I was asked permission and consulted about the consequences of breaking my water when my body was clearly not ready. The impacts of having a c section and 2 after this because I was planning to grow my family.

That my body will never be the same because of the surgeries that could have been avoided if my water wasn't broken without my permission for the convenience of the hospital staff.

That I would have had a smoother postpartum and subsequent 2 births.

I have permanent back pain since this surgery my birth was not handled correctly.

2. February 2014, I experienced a miscarriage. I went to the hospital because I was concerned about the amount of blood I was losing.

I was kept overnight after being transported from _____ to _____ .

I was kept in an open room with other patients with all kinds of issues, I felt unsafe, and I was basically left on my own. I asked to go home as my parents were visiting from _____ , But I kept being told my d&c was next.

I waited 20 hours in hospital before finally checking myself out.

The way I was treated by hospital staff was appalling. Being asked why I was upset when it was only a bunch of cells.

I was treated like a major inconvenience. I just wanted to go home.

Once I checked myself out, Then I gave birth in a cafe bathroom and did not need the d&c.

I should've never been kept that long waiting in an open area during a sensitive time in our lives.

I wasn't given any options to go home yet I was left alone waiting for a D&C that never came.