

**Submission  
No 57**

**INQUIRY INTO IMPACT OF THE REGULATORY  
FRAMEWORK FOR CANNABIS IN NEW SOUTH WALES**

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I've used cannabis for over 50 years with no ill effects to deal with work related stress, insomnia, and to relax and enjoy life a bit more.

It's much less harmful than alcohol which did cause health issues for me.

I've visited places overseas with legalised cannabis and appreciated the fact that adults are treated as such.