

**INQUIRY INTO IMPACT OF THE REGULATORY
FRAMEWORK FOR CANNABIS IN NEW SOUTH WALES**

Name: Name suppressed

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Partially
Confidential

For most of my twenties and thirties I was a heavy user of cannabis and was able to function normally and healthily. I had constant employment and live a normal , quiet life.

When I got married at thirty six years old my wife asked me to quit and so that I could ensure that i didn't end up having a criminal record, I did quit as I didn't want to seem to be a bad parent to my daughter. That was 16-17 years ago. I haven't smoked cannabis since then.

However I have developed type 2 diabetes, high blood pressure, chronic kidney disease, sleep apnea and I also developed thyroid cancer. I don't believe this would have occurred had I continued using cannabis.

I never felt stressed until I stopped. My weight was always the same (between 80-85kg) and although people can put weight on with cannabis , I don't believe this would happen to regular users as you don't get the need to eat or the munches that first time users get , once you have smoked for a while. My kidney disease was caused by stress and diabetes. Cannabis may have also prevented my cancer too.

Since getting all of these health issues I have found it very hard to get constant work as I feel tired all the time and my little energy gets used up quickly.

I would like to be able to get access to cannabis again as I think it would help me and I could reduce the amount of medicine I am currently taking to keep healthy, plus get an energy boost when I need one. I believe that cannabis does more good than harm and needs to be made available for everyone to have for free. It's time to stop being scared and let everyone benefit from nature's wonderful plants.