

Submission
No 1175

INQUIRY INTO BIRTH TRAUMA

Organisation: Women's Wellness Newcastle

Date Received: 15 August 2023

Partially
Confidential

I have so many accounts from clients approx. 50+ who share their fears and trauma of birthing at and second time mums still feeling disempowered esp by obstetricians. They are pressured into decisions and never asked what they want. There is no support for women after birth and many need counselling.

The medical system is failing women and our future generations, and something needs to change! All we need is to be heard and kept calm and many births will actually be quicker and SAVE government resources.

needs MORE expansion as their midwives are amazing and offer the level of support all women need.

This trauma NEEDS TO STOP NOW! I am happy to discuss further details of both my own and my clients' experiences so we can prevent this damaging more beautiful births. Thank you for the opportunity to express this, most people didn't know about this so weren't able to add a submission.

This also needs to be rectified for full disclosure.