

## INQUIRY INTO BIRTH TRAUMA

**Name:** Name suppressed

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Partially  
Confidential

I was privileged and educated enough to be able to access a private midwife and birth outside the broken system. The three encounters I had with the system left me feeling very pleased I had made that choice.

1. When I declined anti D during my pregnancy because we know my husband's blood type. And the doctor tried to make me have the anti D "just in case it's not your husband's".
2. When I had a presentation for irritable uterus after being dehydrated, on my feet all day and hungry. I declined a CTG because I just need to care for myself and get some rest a doctor told me "if you go home and your baby dies, that's on you". I knew I was making the right decision onto leave.

Even with the knowledge and skills that I have as a midwife I was still treated like I did not have a say and that a doctor's word and hospital policy is gospel. There are policies that exist that go directly against the current evidence (the perineal bundle). It is a woman's right to have say about every aspect of her care and to feel supported in her choices, not coerced into doing what is deemed "right" by any health care professional.