

**Submission  
No 1238**

## **INQUIRY INTO BIRTH TRAUMA**

**Name:** Mrs Emma Whitfield

**Date Received:** 2 August 2023

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My name is Emma, I live in NSW, I am 34 years old and I have a 2 years old and 6 week old.

I gave birth at the Sydney Adventist Hospital on April 6 2021 under the care of a private obstetrician

Following an uncomplicated pregnancy, I went into spontaneous labor at 38 weeks. Although my primary obstetrician was on holiday, a backup obstetrician attended my delivery. During the process, I experienced the unfortunate outcome of sustaining 2 hip labral tears, rupture of my pubic symphysis, and subsequent injury to both sacroiliac joints.

Despite these symptoms, the medical team didn't provide the necessary care and support at the time. As a result, I experienced difficulty with mobility and lacked specialized rehabilitation. The situation persisted for over 12 months until I finally received a diagnosis, after which I found relief and help through the attentive care provided by my women's health physiotherapist.

Now, I'm grateful for the positive progress I've made on my journey to recovery.