

**Submission  
No 1243**

## **INQUIRY INTO BIRTH TRAUMA**

**Name:** Ms Jacki Barker

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I worked as a midwife in NSW from 2007 and left my registration last year although for the last 9 years I have worked full time as a doula. I have witnessed episiotomies without consent and women trembling in fear by decisions being made without real informed consent. I am constantly assisting my clients who hire me often due to their own previous birth trauma. I refer all of them to a psychologist and use hypnotherapy as part of the healing of their trauma.

I am so grateful to be able to say my thoughts here. There needs to be fundamental change made immediately! This suffering is not acceptable and inhumane! It is my passion to try and heal these women and I am so hopeful this enquiry make changes needed.