

**Submission
No 1285**

INQUIRY INTO BIRTH TRAUMA

Name: Mrs Alicen Humphries

Date Received: 7 August 2023

I was newly 22. I had read all the pregnancy and birth books! I attended the classes. But I was still unprepared for a labour where I would be forced into continuous CTG not realising it was my choice because it was never explained to me. I was forced to get off an exercise ball and accept fetal scalp probe (called a clip which is inaccurate) forced to stay on the bed on my back even though my baby was OP and this position was entirely against what my body was telling me. The JMO attempted over 3 times in the one hand to put in a cannula I did not consent for. The Doctor told me if I didn't calm down id be taken for a CS (I was absolutely not consenting for this, i was fully dilated and needed tims for descent). I was judged. Not supported by the care team. I can see my midwife now in a different light and see felt powerless when she should have been the leader in the birthing space. I have since experienced continuity of care and what a difference autonomy makes for the midwife and the woman. All facilities should have MGP!