

**Submission
No 1320**

INQUIRY INTO BIRTH TRAUMA

Name: Kate Goldie
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I had a very traumatic experience birthing our first daughter, which sadly is so common today. I presented at 6am as requested by the hospital with no contractions and told I had to be induced.

I refused and they told me I had the day otherwise induction would take place at 3pm

I finally got into an Accupuncturist and had an appointment to help. Unfortunately it didn't work but I felt calm and ready. When I returned to the hospital they said they couldn't do it now but I'll have to stay there to be monitored. I was furious. I was given 2 doses of antibiotics as the waters had broken. My husband and I went home, getting to bed late after a stressful day being told we had to be back there at 6am

Contractions began through the night, I wish I had the support of a private midwife & stayed home.

We went to hospital already exhausted and I was induced which put my body into fear. I laboured all day with midwives coming and going sitting at the screen, none of them talking to me. I was told if I didn't have an epidural there would be no chance I could have a natural birth, so I did this. I was given the opportunity to push for 10 minutes and then sent to surgery for an emergency c section. I was devastated.

I recall the surgeon saying this baby is too low and thinking 'Then why am I here'?!

The depression that followed from this experience was awful making it difficult to look after my baby.