

**Submission
No 1283**

INQUIRY INTO BIRTH TRAUMA

Name: Mrs Yasmine Patel

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We had a planned caesarean and ended on an emergency caesar. It all went okay until my child have trouble breathing. No one told me what was going on and then my husband was gone. While I was stitched up and sent to recovery I asked when I could see my baby. I was told she was in special care. Again, no explanation. Then when I was wheeled down to special care my baby was in a clear box crib with a CPAP machine. No immediate explanation yet. I didn't get to hold my child until the next day. It was very scary and overwhelming. I then passed out in the shower the following day and the nurse blamed me although she was meant to stay with me My mum was with me thank goodness and caught me so I didn't hit my head. Finally, when my daughter was released into my care the nurse was very rude to myself and my husband about breastfeeding and bathing our child. It was all too much in such a short time. Clear communication and a bit more compassion would have gone a long way in this situation.