

Submission
No 1234

INQUIRY INTO BIRTH TRAUMA

Name: Mrs Rebecca Caruana

Date Received: 1 August 2023

I experienced a traumatic birth. I was not informed whilst in the final stage of labour that if I continued to push of an extended period of time, which I did. I was coached to push for four hours by my obstetrician, resulting in stage 3 prolapse. If I had know I was putting myself at risk of prolapse I wouldn't have continued to push and would have opted for a c sectionS. As a result of my injury I have ongoing trauma. I can not look at photos from my sons birth, I am afraid to birth again, I have little trust in the medical system and I have ongoing treatment to manage my symptoms of prolapse.