

**Submission  
No 1310**

## **INQUIRY INTO BIRTH TRAUMA**

**Name:** Liza Kearns  
**Date Received:** 15 August 2023

---

Partially  
Confidential

I have experienced birth trauma for 3 of my births. Failed vacuum by an incompetent trainee doctor led to my first caesarean.

A private obstetrician emotionally coerced me into an elective caesarean- using the classic bait and switch they are known for when stating they support vbacs but then sent me for a growth scan and then used this as emotional coercion telling me that my uterus could rupture and my baby would have cerebral palsy or would die.

I went on to have 3 amazing natural births after 2 caesareans with the amazing support for a hired private midwife and under the care of .

My last birth very recently 23rd July 2023 - I planned a homebirth with a private midwife but ended up transferring to my local hospital due to my baby being posterior and being too fatigued from pushing for so long. I arrived to birthing suite with the midwives not respecting my repeated request to push upright. Telling me I have to push on my back - that this was the best way! Clearly they haven't updated their scientific knowledge of how the pelvis works. They refused to assist me into an upright position to try and birth my baby. The doctor told me I could have a vacuum assist but only with an epidural in theatre. I ended up with an unnecessary epidural for a vacuum assisted birth that could have happened faster if done straight away in the birth suite.