

Submission  
No 1231

## INQUIRY INTO BIRTH TRAUMA

**Name:** Mrs Rebecca Cook  
**Date Received:** 14 August 2023

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Partially  
Confidential

I gave birth in 2020 and in 2023. I was fortunate enough to get into the MGP at my local hospital of [redacted] Hospital, it made all the difference having continuity of midwifery led care. It was difficult to get into with limited spots available. Every birthing person should have access to this. I had two positive births because I knew my midwife, she knew me and my wishes, she has experience in physiological births and treated me with respect, care and dignity.

My pregnancies were low risk and uncomplicated, this allowed me to get into the MGP. This should not be a prerequisite, every person should have access to this type of care.