

Submission  
No 1305

## INQUIRY INTO BIRTH TRAUMA

**Name:** Mrs Amanda Broderick

**Date Received:** 15 August 2023

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Partially  
Confidential

Good afternoon,

I am fortunate enough to have experience birth through the Midwifery Group Practice (MGP) at . The care I received through the continued care rather than through the case load significantly reduced my stress and trauma of delivering a baby, which also occurred during the COVID-19 pandemic. The only negative moments of my care were when hospital policy needed to be followed. Induction dates were suggested due to being post 40 weeks and then the date was pencilled in due to staffing levels it felt like. I personally advocated for as late as possible date but felt bad as I did not want to get my lovely midwife in trouble. Pushing this moment based on staff levels around weekends vs when was the best time for me and my baby felt horrible at the time and the fact I had to fight the hospital also did help me enjoy the last few days of my pregnancy. This is not an issue of the MGP but a reflection of decision made due to hospital functionality rather than care at one of the most important times in someone's life. Thanks goodness for the care of my midwife and for our ongoing relationship otherwise this news would have been incredible hard and scary to process. Please put additional resources into one-on-one care like the MGP. It is so sad that only a small percentage gets this level of care in the public system.