

Submission
No 1303

INQUIRY INTO BIRTH TRAUMA

Name: Melanie Morgan

Date Received: 15 August 2023

Partially
Confidential

Melanie Morgan here. Mother of 2, 2.5yo daughter born at Private under an obstetrician. Prenatal care was great. There was suspected low fluid but the numbers were all within normal limits. I was induced at 39 weeks as suggested by my Dr. I felt the communication was great and felt I had time and control during this time. The birthing suit midwife was great, helped me stick to my plan but also listened to me when I needed more pain relief. The hospital at the time was being renovated so we were in a makeshift suit/ward which was a little disappointing but it didn't affect the birth at all. I discharged myself the next day as I was feeling great and bub was doing well. All very positive!

Second baby is a 10month old boy. Born at private under a different obstetrician. Prenatal care again was great, nil complications during the pregnancy. Dr was happy for me to go to 41 weeks. I went into labour spontaneously at 39 weeks.

Birth was great! My only complaint was that the staff were trying to find an anesthetist to do an epidural, apparently it was very difficult at 1pm. Baby was born at 3pm with the epidural. Again, discharged early.

I attended the calmbirth course during my first pregnancy and this gave me the confidence to advocate for myself when I needed to.