

Submission  
No 1273

## INQUIRY INTO BIRTH TRAUMA

**Name:** Mrs Cait Scattergood

**Date Received:** 15 August 2023

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Partially  
Confidential

My name is Cait, I live in [redacted] NSW, I'm 37 years old and have a 3 and a half month old daughter. I had my first birth at [redacted] Hospital in April 2023 and was lucky to be accepted to the MGP program. I conceived through IVF but was judged minimal risk due to age and nature of conception. The MGP program was my reason for birthing out of area, as Shoalhaven does not currently offer this program. Post birth, I had to travel to Barrack Heights from Bomaderry for follow up appointments with a newborn because my midwife was not allowed to travel further south to visit me, putting undue stress at an already overwhelming time. My birth was void of complications and was overseen by a midwife from the MGP. I highly recommend this program and wish it were available to every woman. The continuity of care was one less worry. I would like to see: -Access to midwife-led continuity of care models. -More funding for postpartum care EG women's health physio, social worker, lactation support.