

**Submission
No 1267**

INQUIRY INTO BIRTH TRAUMA

Name: katherine Lee
Date Received: 15 August 2023

I know so many women who have had traumatic birth experiences at the hands of the hospital system. I have no desire to birth in hospital because I fear what would happen to me. I feel so much safer with the idea of birthing at home away from OBs and aggressive doctors who may threaten me with statistics and pressure me to make choices that aren't in accordance with how I want to birth. There are probably some great ones, but there are for sure some in the field who are causing harm, and I don't want to be subject to it. Every woman I know who had birthed in a hospital has an element of sadness and grief surrounding the way they were treated. Not ok. Does not inspire confidence and safety in our birth systems. I know good nurses who are also angry about the system they are required to work within. Australia can do better for birthing women.