

Submission
No 1259

INQUIRY INTO BIRTH TRAUMA

Name: Miss Jess Carrier

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Partially
Confidential

I was fortunate enough to have a positive birth experience, as I was apart of the Midwifery Group Program at _____ Hospital. I honestly believe having continuity of care with one is so beneficial to the outcome of the mothers experience. Nothing fell through the cracks as my midwife and I shared the journey of pregnancy, labour and postpartum together. I was face with difficult language by doctors who created fear in decisions around being induced. However I seek more advice and asked more questions to clarify what doubling the risk actually looked like. I felt soooo lucky to be part of the MGP and definitely made me empathise for those who didn't get the opportunity to have this type of amazing care it the biggest part of there life. Continuity of midwife care and education of physiological births, empowering women should be a baseline standard. Not luck.