

**Submission  
No 1256**

## **INQUIRY INTO BIRTH TRAUMA**

**Name:** Miss Samantha Mostert

**Date Received:** 15 August 2023

---

I had my baby in October 2021 at RPA. I experienced significant trauma that continues to impact me today. I laboured for 24 hours, there was no continuity of staff, limited midwife support and inconsistent care. My baby went into distress and the vaccum was used 5 times and an episiotomy was performed with no consent. No one ever communicated anything to me through the whole process. My baby was then placed on me but I knew something wasn't right. He was then taken to NICU and I was left alone for an extended period. Again there was no communication and explanation of what happened. The result of the trauma has been lasting with a permanent pelvic floor injury and significant anxiety and guilt. My postpartum experience was very dark as a result of my birth and I wish it could have been different.