

Submission
No 1251

INQUIRY INTO BIRTH TRAUMA

Name: Name suppressed

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Partially
Confidential

I gave birth to my son 2 weeks ago on the 27th July. Our plan was to have a home birth but we ended up being a hospital transfer after 16 hours of labouring at home and bub just not progressing and contractions being very variable. As soon as we got to hospital it was a vast contrast to being at home. After being hooked up to monitors it became clear that bub was becoming distressed and a decision was made for us to go to theatre for a spinal block and forceps delivery, which was successful. The whole experience was quite traumatic as I was starting to fear for the wellbeing of my baby. And everything happened so fast plus I was physically, emotionally and lengthily exhausted from labouring. And this is my story in a nutshell.