

**Submission
No 1211**

INQUIRY INTO BIRTH TRAUMA

Name: Mrs Jasmin Carman

Date Received: 15 August 2023

As a new Mum, I was left alone in a hospital room without my partners support and an understaffed hospital. I had just had major surgery to repair a 3a tear and then had to care for my newborn child. I was a first time mum and felt incredibly alone and scared. I was given little food and what I was given was disgusting. If my husband had been able to be there, I would have had a whole different experience and support.