

**Submission  
No 1201**

## **INQUIRY INTO BIRTH TRAUMA**

**Name:** Mrs Alexandra Miles

**Date Received:** 15 August 2023

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My birthing desires were not listened to. My midwife sat on her phone most of the time or was out of the room. I was hardly spoken to. I had a a 3 litre PPH and there was little to no follow up explaining what happened etc.