

Submission
No 28

**INQUIRY INTO EQUITY, ACCESSIBILITY AND
APPROPRIATE DELIVERY OF OUTPATIENT AND
COMMUNITY MENTAL HEALTH CARE IN NEW SOUTH
WALES**

Name: Name suppressed

Date Received: 15 July 2023

Partially
Confidential

I'd love to know what's happening with this. There have been multiple instances where I wasn't able to access the mental healthcare I needed to function in society, I believe it was my fault for not earning the money I needed to be able to buy that help, but various people have told me it's a public service I should be able to access for free.

Access to a decent psychologist, psychiatrist, GP and even pharmacist - is impossible for those who don't pay top dollar for it. I know a GP who could help me, a psychologist who would do everything he could, a psychiatrist who would have the power to prescribe and a pharmacist who would work with all 3 to facilitate the treatment I need but they are all outside of my price range.

If this is simply because I'm not rich enough I can handle that, I can do what is necessary to make more money - I just want to know for sure that this is the case.

Looking forward to the results of your enquiry. Thankyou so much.