

Submission  
No 669

## INQUIRY INTO BIRTH TRAUMA

**Name:** Ms Skye Rebekah Nardine Welsh

**Date Received:** 15 August 2023

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Partially  
Confidential

In 2015 Aug at hospital, i attended with my partner and my own private homebirth midwife because i had a planned homebirth but due to feeling headachy and previous day being monitored, with proteins in urine was advised i should present to hospital.

I presented with my support people, and upon presentation, we witnessed the Head nurse on duty writing in BIG BLACK BOLD letters on the top of my notes on my file HOMEBIRTH.

Being extremely needle and hospital phobic, i requested to be able to go for a walk before they would induce me, they sternly advised me "you got 30 mins", we went for 1.5 hours before my private midwife said, come on we better get back before we get into more trouble".

I was scared and frightened, i begged for them to tell me exactly what they were doing to me, i had never done this before, this was my first time birthing a baby and we had spent the last 9 months planning for it to happened at home, so i had 24 hours to mentally have this idea adjusted in my head, this was now happening in a hospital, somewhere i didn't want to be.

I had a balloon catheter inserted to previous evening and at 8pm at night my partner had to hide behind the curtains in fear of them making him leave but i didn't want him to go.

He left at 10pm on the promise that he left his phone beside him in case i needed him, we lived 5 mins away.

In the morning at 6am i was woken abruptly, to have breakfast to get in and be the first one induced for the day.

Once induction had started and escalated my partner could see how they were ramping up the syntocin so much that it was actually overlapping my own normal contractions coming in, and i had absolutely zero relief, it took for him to speak up and say something, telling them they better start to turn it down.

When i couldnt bear the pain anymore they gave me morphine and told me i needed to get off the bed, i literally couldnt lift my eye lids, let alone get off the bed with no help, i gave up trying, it was impossible.

As baby was coming down the canal, babys heart beat was dropping so they decided they should attached metal monitor to babys head without looking at how far baby was off from being born and again it took my partner to say to the midwives, you better not be doing that, look where the baby's head is its right there.

I Refused to listen to any of them, i would only make eye contact with my own midwife, she sat in the cnr of the room, as she felt like she didn't belong there, not a welcoming environment at all.

But when it came to pushing and not pushing to end up NOT tearing, as i never wanted this to happen, she then came over to my ear and instructed me, do not push, baby is hear, do not push and she guided me, every step of the way, i was forever grateful to this day 8 years later that she was in that room because if it wasn't for her, i would of torn with zero guidance because i was already ostracized from the moment i walked into the unit.

Once baby was born, all staffed left the room until 4 hours later where we had to demand we get released, they knew we were waiting to go asap but deliberately made us wait until we said with our own midwife let's get out of here, you don't need to be sharing a room here with anyone at Hospital.

That when our own midwife and my partner escorted my baby and i out of the hospital at 1am, and then met us in our home again at 8am the next morning,

There was zero follow up from the hospital.

This treatment left me to lodge an official complaint to the head of the hospital and i was also given the details of how to do this the night prior to my induction by a member of staff from the hospital who was a midwife on duty that night. She told me how to do it and gave me the details of who to submit too.

This experience and treatment have left me scared and feared for future hospital visits, hence birthing my next child in our home, in the most safe, secure environment you could possibly have, it was the best experience of my life, and it was the healing experience that i needed to mentally recover from what i went through with my first daughter.

Yes, i would like to give evidence at a hearing.