

Submission  
No 519

## INQUIRY INTO BIRTH TRAUMA

**Name:** Name suppressed

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Partially  
Confidential

I am writing in regards to my birth in 2020 with my first. It all started when I was referred to [REDACTED] hospital for my care by my doctor. I was lost in the referral system and had my first appointment over the phone but then heard nothing till almost 30 weeks when I called them and they squeezed me in for an appointment then I had no follow up till 36 weeks except for extra scans which I had to just gather were ok as I heard no feedback. I was high risk so in care of the hospital not GP shared care. My next appointment was at 39 weeks and when I went for my 39 week appointment and saw a dr that had not seen me my whole pregnancy. She did my blood pressure and it was "high" which was actually not according to other drs I have spoken to. So she told me I HAD to have an induction but return the next day for monitoring and decisions. I went to the maternity ward to find out that my induction was booked and even though my BP was fine they really gave me no choice. So being a first time mum I knew no better and attended my induction. At no point was I given options I was just told this is the next stage etc. I had the tap, balloon and then waters broken the next morning, pitocin started and off I went into labouring HARD! Hours went by, internals happened way too much! Every hour they check my progress. Even when I asked to wait. My baby was healthy and I was progressing. Conveniently for them my husband left the room to get lunch so they took the opportunity to report to me baby is in distress and we need to do a c section. But looking back at the graphs of baby with another doctor when having my second baby there was indeed no distress noted anywhere let alone no documentation on why exactly they made the call for the c section. The doctor that went through my first labours paperwork with me stated "she knows the consultant and the registrar that was my drs that day and they would have made the call in fear of me labouring into the night and then requiring a C-section" I am a high risk C section as my BMI is over 45 so therefore they wouldn't have wanted that in the middle of the night. I was 7 cm dilated so almost there when they made the call to do a c section. 30 minutes before my husband and I agreed on an epidural. So unknowingly my husband and I took the drs advice and accepted the C section as they made it seem me and my baby were at risk if we continued labouring. Baby was born successfully via c section but I will never forget when the doctor that made the call came and saw me the next day she said to a junior doctor "she could have continued to labour but we called a c section as it was better to do it than have complications later into the night and have to a full emergency c section" "sometimes sooner is better to keep everyone safe". I felt I had all my rights stripped from me and the care provider I trusted failed me by making decisions for a major surgery and lying to my husband and I so we would agree to what suited their agenda. They even told me I was only 5 cm but all records show I was 7cm both midwife, and dr notes.