

Submission  
No 527

## INQUIRY INTO BIRTH TRAUMA

**Name:** Name suppressed

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Partially  
Confidential

My birth trauma came from my first child's birth in early 2020. I went into labour spontaneously and everything was progressing well, albeit long. The time came for my midwife to end her shift and a new midwife was brought in, as soon as her shift began she was vocally annoyed that my labour was too slow and it would mean she'd have to stay there a long time. This led her to convince me that I needed an induction IV ( even though I was at 8cm dilated) so that we could "All go home". She constantly was in my face telling me I was silly for not taking pain relief. At the stage of pushing I found a position I was comfortable with when she very rudely said I cannot birth on the ground and must be in a bed on my back ( for no apparent medical reason).

Once on my back the baby unbeknownst to us all changed positions. An hour past and another midwife came in and got right up in my face and yelled at me, "You better push better than that or I'll have to go get the dr and you will not like what he has to say". I tried for another two hours, when a group of Drs came in. Without any pain relief or explaining what they were doing, multiple hands entered me trying to move my baby around. It was the most excruciating pain I have ever felt and although I screamed and even kicked someone I was not listened to. After that was unsuccessful the Drs, seemingly annoyed said to each other ( not to me or my husband ) that I'd need a C-section and left.

The midwife gave me gas and said because you're not an emergency situation they've decided to call the on call Drs and it'll be about a 3 hour wait until we can even get you an epidural. Everyone then turned off the lights and left the room, just myself, my husband and the gas was left while my body continued to try and push my baby out with contraction after contraction. Once in theatre, the Dr barely said two words to me and afterwards for no reason at all myself and my baby were separated for 3 hours while I went to recovery on my own and my baby and husband went to maternity. I was left in a recovery bay alone, with no privacy and right in front of the locker room where the Drs on that floor left their belongings. In 26 hours and a serious surgery not once did I feel any genuine compassion by a single person.

All I got was a nurse in the middle of the following night say " You'll be an excellent candidate for a vaginal birth next time". A series of events I strongly believe began with a midwife that didn't want to work longer that 6 hours after being called in.