

Submission  
No 377

## INQUIRY INTO BIRTH TRAUMA

**Name:** Name suppressed

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Partially  
Confidential

I birthed at [REDACTED] public in 2022 and my birth was traumatic to say the least and I'm very lucky to be alive due to the medical negligence that occurred during my stay there. This is very sensitive to me so I'm my 3 week admission of birthing my first baby here is what happened:

- \* I was admitted at 33 weeks due to pre eclampsia
- \* my private obsgyn essentially waited too long to induce me which in turn meant I went into labour on steroids as there was not enough time between the doses, my baby was born with such low sugars (due to steroids) that she needed to be resuscitated
- \* I developed HELLP syndrome and was extremely ill causing my birth to be an emergency
- \* I was forced to birth on my back and pushed for 3.5hrs hours which resulted in a forceps birth and episiotomy because that went against my instincts to change positions (wasn't allowed)
- \* after birth I was placed in a dark room where no one checked on me all night even though I was incredibly unwell and also have type one diabetes. I was haemorrhaging all night and no one checked on me
- \* the next morning they wheeled me back to ward and took my catheter out, it was too early and my bladder expanded which meant my uterus couldn't contract and I was internally bleeding, no one took me serious for 2 days until my haemoglobin was 65 and I needed two blood transfusions
- \* the next day I needed the rapid response team as I was convulsing and because I was told my post birth antibiotics "fell off their system", I was in septic shock and had post partum sepsis
- \* I was a private patient in a public hospital and all they wanted to do was kick me out even though they almost killed me.
- \* my baby was born at 33 weeks and they were in a hurry to discharge her from NICU- I spent one night in a room with her before we both were discharged
- \* the hospital called the day after and said she should never have been released that early and could we take her back- we did and she stayed for another 2 weeks before being exposed to covid from a nurse and being discharged because they needed to clean the ward.
- \* I was also in early labour the night before I was being induced and the nurse told me I couldn't birth that night because there were no beds in birth suite or NICU- she offered endone for the pain and I refused so she left me for the night
- \* I had to manage my own diabetes as nurses had no idea how to help me
- \* I was constantly offered panadol even though I'm highly allergic
- \* I left the hospital not knowing if my placenta had been fully removed as stated in my notes

The emotional, physical and mental toll this has taken on my body is extreme and I'm not sure if I will ever fully recover from the unsatisfactory treatment and care and birth experience I received from what is meant to be a top public hospital in nsw