

Submission
No 229

INQUIRY INTO BIRTH TRAUMA

Name: Sofya-Mia Marso

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Partially
Confidential

Hi

To whom it may concern

I am writing to provide my feedback regarding my maternity care provided at The on 9 July 2022.

For my birth, I planned: Support for normal vaginal birth, Homebirth with a registered private midwife, Unmedicalised birth process, Birth support team of my choice (no visitor restrictions) .

My choices for my birth were supported by my carer. I **was** encouraged to make informed decisions for my care. But wasn't provided with all options.

I was transferred from home/low risk birth service to hospital due to diagnosed risk with student midwife monitoring me in the ambulance.

At the hospital I had Episiotomy, Vaginal birth, Obstetric violence (forced into decisions, touched without consent, my placenta was removed with out consent, the umbilical cord was cut of with out consent).

I was transferred to the hospital after 12hr labour at home. I was fine, baby was fine, everything seemed very natural. Only my contractions slowed down because of emotional impact provoked by one member of my birth team. At spital I was induced. My baby came after 2 hours of pushing. I had episiotomy. She came as healthy and beautiful girl. Obs and midwife said they going to cut the cord. I was clearly and vocally expressing that I do not want the cord to be cut, my doula was saying as well that they can not cut the cord. They clamped it, for the reason that it was haemorrhage. At the same time they were pushing the **placenta** out of my belly pulling by the cord and pushing on my lower abdomen. Medical stuff did not have my consent but still did it. After I have to do my own research because I did not get proper medical explanation about that procedure at the hospital during birth and after on check up. And all research suggests delayed clamping. Regardless the risk of bleeding they should not have to cut my daughter of her **placenta** while it was still intact. They went against my will and did the procedure without my consent. That is not Ok.

I believe hospital service could be improved by: Homebirth service, Waterbirth, Clinicians experienced in vaginal breech birth, Clinicians experienced in vaginal birth after ceasarean section, Clinicians experienced in twin vaginal birth, Offering an alternative clinician to the one assigned to me, Training for staff in informed consent and human rights in maternity care

Sofya-Mia Marso