

## INQUIRY INTO BIRTH TRAUMA

**Name:** Name suppressed

**Date Received:** 1 August 2023

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Partially  
Confidential

I had a very healthy pregnancy was low risk and had no medical problems at all. The day I reached my due date I had an appointment at the hospital and they said my placenta was dying, my baby was dying and that I couldn't leave the hospital until I had my baby. I refused intervention and signed myself out of hospital several times because they refused to provide me the proof my baby was indeed dying. Every new doctor said the same thing that my baby would die and continued to pressure myself and my partner into an induction.

Not one doctor informed me of the risk of an induction just the risk I was causing my baby by remaining pregnant.

I ended up with cascading interventions and an emergency c sec where nurses were nurses being incredibly rude to me because I had a c sec too late in the day.

I experienced so much violation and trauma and it continued after I had my baby. touching my breasts without consent and my body without consent and when I politely said no thank you I was met with anger and frustration.

I said no so many times but the tactics every member of the hospital staff used only increased.

My child and placenta were delivered perfectly healthy against everything they had said. Now I have permanent mental and physical scaring because of it.

I would never birth within the hospital system again. For both the health of my child and myself. Unbelievable standard policy.