Submission No 132

## INQUIRY INTO BIRTH TRAUMA

Name:Name suppressedDate Received:31 July 2023

## Partially Confidential

I reported reduced fetal movements at 38 week midwife appointment At an extra CTG monitoring appointment at 39+1 weeks pregnant, during my CTG Monitoring an alarm went off to indicate the machine had lost my son's heart Rate, that it had dropped and they couldn't get it back. (2:50pm /22)

I had been feeling good to had driven myself to this appointment, thus was alone, And my husband was back home 15 minutes away.

After the alarm went off, a pace 2 was called and I was surrounded by doctors and

Nurses and they had pulled the curtain around my chair. One doctor said to me "you're going to be meeting your baby today. I was wheeled in the chair up to the operating theatre. Prepped for an emergency caesarian. Had the spinal block, all prepped and cut

Open. A super nice nurse was taking photos as I was alone. My husband JUST made it to beside my head 3 seconds before I heard my Son's cry. (3:32 2/5/22) so 42 min after the alarm went off at my routine antenatal appointment down in floor one.

I had a short skin to skin after he was pulled out, but then had to go into recovery and wasn't with my son and husband for about 1.5-2 hrs.

We didn't get delayed cord clamping and my husband didn't get to cut the cord.

The dr came the next day for a quick talk and said "we have no understanding or what the reason could be for the drop yesterday. He's all fine and we are really happy with him"

I'm obviously so glad my son is safe and healthy and well. I have struggled with the face I never went into labour at all, never experienced any labour feelings at all, never had a transition really to "birthing" my son - it was all so fast, I was really devastated not being able to even try for a vaginal birth.

I didn't get into MGP for this pregnancy and am REALLY desperately to get into MGP at for my next pregnancy to achieve a VBAC.

Thank you