

## INQUIRY INTO BIRTH TRAUMA

**Name:** Name suppressed

**Date Received:** 25 July 2023

---

Partially  
Confidential

Firstly, pregnancy care was crap! Midwife was ok but the registrar's were absolutely useless and kept blaming the one before them for things not getting done. Had dangerously low iron, not a care.

Wasn't told I had pre eclampsia and all my complaints about being in pain were ignored. I put on so much weight i had to wear my husbands shoes!

Was induced at 3pm and left alone. Wasn't given any blood pressure mmedsz which is why I was there in the first place. 8pm, someone came in to check to see when my last pill was, when told them 7am, they were like wow, gonna goncheck that out, no one ever came.

9pm, someone came to check because I was making too much noise due to pain.

Around midnight met midwives and was taken to birthing suite. Was given morphine and pethadine. Husband was told to leave as he wasn't needed.

No idea when, couldn't tell difference between contractions and movement so sent to shower young midwife observing. She eventually offered to get husband, glad she did otherwise he would have missed birth.

2:58am told midwife baby was here, wouldn't believe me until visual check, then yelling at everyone because apparently it was too soon. Baby born blue and unresponsive. Had to carry my dead baby to resus table. They worked on him. Took 6 minutes to get oxygen into him, 12 before he was breathing on his own. Also had apnea which no one cared about, was told he'd grow out of it.

Midwife admitted low apgar score was due to morphine too close to birth (score was 2). Didn't grow out of apnoea until age of 2.

Was forced to breastfeed. When paediatrician did the rounds, told me I had breast hypoplasia, midwife snatched paper off me, told me my boobs didn't look like that and forced me to breastfeed. No one even showed me how to latch baby to breast and kept telling me the pain was normal. He was starving, no one cared. At home, sent hubby to get formula, wasn't given any assistance with that either.

Has been slightly disabled his whole life, Occupational therapists have said can be a result due to traumatic birth.

I was diagnosed with post traumatic birth stress. 3 month's before my 2nd was born, hubby went into a deep depression for 18 months, as the experience was also traumatic for him.