

INQUIRY INTO BIRTH TRAUMA

Name: Name suppressed

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Partially
Confidential

February 1st 2022 I went in for an induction that unfortunately went over a few days.

I had a very traumatic experience especially with my obstetrician Dr [redacted] he has left so much trauma that I immediately went into PTSD and was in a very dark place in the hospital

And thought the whole process my husband was not able to stay over night with me especially after I had just given birth and wasn't able to pick up my baby due to emergency C-section.

Day one the tape went in the Dr thought I may go into labour that night as my cervix was already soft and short but a couple of hours later I began having period like contractions one minute apart the doctor wanted to keep the tape it but the midwife due to staffing issue and having to be one on one which they couldn't do the midwife said no and for me to rip it out so I did. I continued to get snap contractions into the night but weren't bad when obstetricians showed back up he said he would have kept going but his colleague didn't agree.

Day two

Through the night I lost lots and lots of my mucus plug

When he checked me at 9am I was 3 cm dilated, he then broke my water as he said we have to have this baby today as he didn't have time tomorrow was another big red flag .

Then what I remember went into the birthing suite they hooked me up to this iv drip machine which I'm pretty sure at some point I called devil juice and a ctg machine which was a pain in the ass as it would never stay on properly. The midwife had to redo the iv drip as she missed the vein and my hand was blowing up due to liquid.

I can't remember how long it took to work but I remember bits of pain and sucking on the gas while refusing to lay on the bed

so they had trouble getting the band to sit properly on the ctg on babies heart rate and my contractions

I remember standing in the corner near the bed for I don't know how long sucking on the gas feeling like it wasn't working

After some time I had no sense of time at that point as I was blacking in and out

I tried the shower that hot water would help it didn't and I didn't want to sit then either I apparently kept saying I need more as gas wasn't helping and mum and Ben both said I need to ask for an epidural as the midwives couldn't suggest I have one I had to ask so I did

This whole time I was having micro-sleeps in and out of consciousness for two days

And I don't think very long after and I was 6cm dilated after the anaesthetics showed up and they prepped me and the contractions kept coming so had to wait till there was a break to do it felt a little sting of general to numb the area but after that nothing

Apparently it took this guys 6 tries to get it in to me and couldn't seem to actually get the spot asking if I have back problems which I didn't.

I finally had no pain and I don't remember anything after that till all these doctors and people came in saying my heart rate was really really high I later found out the emergency bell was called and my heart rate had skyrocket for over 5 hours as the obstetrician could be reached as soon as he came in he hit the emergency bell immediately.

And they had no idea what to do i have an autoimmune disease so I had blood taken compression socks put on a face washer on my face as I had a fever. They even spoke about almost sending me to another hospital

Once the called who knows who and they were advised what to give me my heart rate began to come down but not before I heard the obstetrician tell someone that I wasn't his patient another huge red flag.

I had a student nurse and she checked me again and said I was fully dilated and when they were preparing me to push when the doctor said wait he'll check

he said I was fully dilated but he just wasn't down far enough and tried a push and said he was trying to come down with a push so said I could try pushing for an hour then check but it may mean an instrumental birth or emergency c section I was completely terrified of instrumental birth I didn't want that and my contractions just stopped I couldn't feel them anymore I had to have a nurse watch on the machine and tell me when I was having a contraction to push so I did for probs close to hr and half maybe two hours before he came back checked me again and said he's still not coming he's stuck and it's an immediate c section so they began preparing me for that

I remember being hot and itchy until the topped up my epidural so I couldn't feel again as I was starting to again and nausea heading in and vomiting in theatre when I got in there but the have me something stop the nausea and Ben came in

He had to put a kind of pump up pillow in me to push bubs head up to make the incision after a while of not much they got him out I saw him for a second before he was taken to be check and cleaned after he was brought over to Ben and I and we got to hold him while they stitched me up

But after that all i felt was like rough roughing and my body being jerked a bit but not uncomfortable but just could feel it

There is more to the story post partum but that's my traumatic birth story.

Looking back it's true you forget the pain and I would have just gone c section but glad I got the chance to try