

## INQUIRY INTO BIRTH TRAUMA

**Name:** Name suppressed

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Partially  
Confidential

On 2008 at age of 19 first time mum I presented to the birthing unit at hospital I was roughly 3cm dilated they told me go home and come back later as I was long way off about 2 hours later I returned to the hospital and taken into room about 9pm I was asked by midwife where my pain was and I said my legs to have midwife correct me and go oh in your back me no my legs it feels like they are been chopped off with butter knife she dismiss my claims of where my pain was and wouldn't go see if I could get something stronger for the pain when change over came around it was an older lady I'd say mid 50's she could see I was in quite distress and asked what was going immediately she called for epidural as she could see I was in leg labour next shift came around and got another younger midwife that just dismissed me and my claims as in her words it's OK Ur first timer you haven't experienced all this before by this stage I'm freaking out screaming something wrong begging my mum to help me as I could feel something wasn't right well nurse in charge of ward could hear me so come in see what was happening to call head dr as I wasn't dilating I was stuck at 7cm for almost 14 hours head dr came by some miracle I made it to 9cm and midwife was saying we will forcep deliver the baby head dr could see baby was and had been in fetal distress for sometime and my stats were not that great he called a code red whilst his got another nurse out corridor getting every available staff to come help he grabs my mum and goes we are losing your daughter and grand child she needs c section now then comes to me and gets me to sign the c section form whilst telling me there is no guarantee that my self and baby will make it they were certain 1 of us were going to die if midwife didn't come into check I'm not sure if me and my son would be still here as the midwife was set on forceps and nothing else as I didn't know what I was talking about been first time mum I was informed after if they did forceps I'd be left paralysed and my son probably would of died as my he was stuck in the birth canal and it took 2 people to careful pull him back out after 12 hours in recovery I was finally stable enough to be taken to maternity and meet my son due to the trauma and 21hour labour I spent 8 days in hospital 3 days completely bed ridden as I couldn't feel from waste down my son was cleared and didn't need the a stay nciu as they originally thought would happen 14 yrs on and I still struggle when we need to see new dr and they ask about how the pregnancy and labour was the flash backs hearing the dr saying we are losing them I believe what needs to come from this enquiry is midwife need to keep open mind they get taught a few forms of labour but not all and everyone labour is different and just because their first time mum their concerns shouldn't be just brushed off but looked into we know our bodies best and if we are saying there a problem we'll there is 90% chance something not right and to try and minimise birth trauma once it hits a certain hr for example if ur been in active labour for 5 hrs and Ur still only 6cm dilated and have been for say 2hrs that's when our birth plan should be thrown out and emergency c section ordered so your body doesn't have to go through and unnecessary trauma that ends with emergency c section any way Thanks for taking the time to read my submission