

## INQUIRY INTO BIRTH TRAUMA

**Name:** Name suppressed

**Date Received:** 4 July 2023

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Partially  
Confidential

My obstetrician told me they were going to break my waters while checking my cervix. I denied this and she rolled her eyes at me. No informed consent or reasoning was given.

While crowing my baby, my obstetrician told me they could give me an episiotomy and it would make my baby come right out. I denied this as it was clearly stated in my birth plan I want no interventions unless in an emergency situation. She was also hesitant to let me try different positions to push and my partner advocated on my behalf and questioned the doctor on why I couldn't push how I wanted to.

After the birth while my obstetrician was giving me stitches, I was pressured by my midwife to let her push on my stomach to help my uterus contract. I asked her to wait until after I had my stitches. The midwife responded by saying to me "I'll just write down that you denied this". I then explained to her that I'm not denying, I just want one procedure at a time so I don't become overwhelmed. She didn't respond to me after I said this. My obstetrician felt my stomach after she did the stitches.