

INQUIRY INTO BIRTH TRAUMA

Name: Name suppressed

Date Received: 3 July 2023

Partially
Confidential

I was booked in for an elective C Section. It was planned and at

private hospital. I had private health, I thought it was the best option. It was medically the best option for all. I spoke to my OB and the anaesthetist and informed them about how unwell I get with normal anaesthesia. The anaesthetist said if be fine. I pushed back saying, I promise I won't be, I always vomit. I was ignored.

During the surgery, I started to feel unwell, dizzy and I couldn't see. I managed to barely see my daughter being born. I held her quickly and informed them I was unwell and to take her away.

I told my husband to stay with my daughter. I continually vomitted for so long, coughed and could not be stiched up because I kept vomitting and coughing. The anaesthetist kept giving me medication to the point that I could not speak. I then failed to wake up. I woke up in recovery, without my husband and daughter.

I woke up to a midwife shaking my leg and telling me she was busy and to wake up.

I then was taken to my room and left alone for hours with my husband. I could barely speak.

No one checked in for hours, I was then told I can't have pain medication (,even after my OB said I needed it). Pain medication was limited the entire time and I was treated poorly for five days. I missed the first few hours of my daughter's life, felt to be inadequate because I formula fed and was not given the appropriate medication.

I have suffered from anxiety, PTSD and post partum depression. I will never get back that birth experience and I now never want to have another child. I was robbed of bonding with my child. They took that from me, I'll never get that again.