

**Submission
No 363**

**INQUIRY INTO HEALTH OUTCOMES AND ACCESS TO
HEALTH AND HOSPITAL SERVICES IN RURAL,
REGIONAL AND REMOTE NEW SOUTH WALES**

Name: Mr Tom Newby
Date Received: 14 December 2020

A friend of mine has suffered from menstruation for the past several months in a row without relief. He has expressed continuous desire for a hysterectomy to rectify the problem, but has to go through immense amount of hoops that do nothing or are not likely to resolve his pain. Gatekeeping the bodily autonomy of people with uteruses and their desire to remove them is discriminatory. I don't know if this is easier in metropolitan areas or not, but it **needs** to be easier. It is ridiculous that he and many others like him are suffering needlessly from chronic pain like this.