

**Submission
No 358**

**INQUIRY INTO HEALTH OUTCOMES AND ACCESS TO
HEALTH AND HOSPITAL SERVICES IN RURAL,
REGIONAL AND REMOTE NEW SOUTH WALES**

Name: Mr Simon Goddard
Date Received: 14 December 2020

As a resident of the Coolah Community for over 35 years I see the current access to our medical services at its lowest ebb.

I no longer have access to a local medical practitioner as the books are closed and rely on over the phone consultations to a Sydney GP for updates to prescriptions. Having complex Cardio issues (and subsequently on 2 blood thinning medications) whilst undertaking a very high risk of injury vocation as in agriculture I feel that my risk of an adverse medical outcome is greatly increased.

We are over 1.5 hours from our nearest major hospital yet over the Christmas break I am lead to believe that the small district hospital will have no access to a resident doctor. This is an unacceptable position for the Coolah District to entertain and we take it this Inquiry will view that are regional areas deserve much better access to our local medical facilities and remedy the situation.