

**Submission  
No 219**

**INQUIRY INTO HEALTH OUTCOMES AND ACCESS TO  
HEALTH AND HOSPITAL SERVICES IN RURAL,  
REGIONAL AND REMOTE NEW SOUTH WALES**

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I am not going to go into the personal hell that was my mothers visit at a regional hospital in 2019 which included me having to assist her with showering and making her bed as staff were so under the pump.

It is obvious from the thousands of stories we hear every year that public health is under funded and under valued.

The staffing numbers are not meeting the increased demand.

Some of the locations themselves are dilapidated and in desperate need of renovation not to mention the lack of equipment.

I know that the Kempsey hospital if inundated during this COVID pandemic could not have respiration anyone for an extended period of time and they only have one respirator to my knowledge.

These few addressed issues are but a tiny cog in a catastrophic situation in regional and rural PUBLIC health in Australia.