

Submission  
No 150

**INQUIRY INTO HEALTH OUTCOMES AND ACCESS TO  
HEALTH AND HOSPITAL SERVICES IN RURAL,  
REGIONAL AND REMOTE NEW SOUTH WALES**

**Name:** Name suppressed  
**Date Received:** 8 December 2020

---

Partially  
Confidential

I work in a rural hospital

I have concerns with regards to staff shortages , many of us are doing double shifts

As much as managers are recruiting to vacant positions , the shortages continue .

As a staff member we are tired , we feel obliged to stay back and do the double shift

As we care for our patients and other staff members.

I do not understand that truck drivers have to have a minimum break in there working day ,  
but us nurses continue doing the double shift , where patients lives are at risk

I am unsure if our managers would back us if there was a SAC,

That we were tired , over worked and understaffed !

It seems that this practice has been long standing in Australia, I have been nursing here for  
15 years , in other countries this does not happen .

Could you please look at this issue as changes need to made , so we can safe guard our staff  
and patients. This is part of the reason that staff become burnt out and are leaving , our  
concerns are not heard !