

Submission
No 149

**INQUIRY INTO HEALTH OUTCOMES AND ACCESS TO
HEALTH AND HOSPITAL SERVICES IN RURAL,
REGIONAL AND REMOTE NEW SOUTH WALES**

Name: Name suppressed
Date Received: 7 December 2020

Partially
Confidential

Youth mental health is in crisis. It's difficult to find anyone delivering services. Most organisations/providers just retraumatise victims and redo mental health plans at talk-fears. They don't actually achieve anything.

The process to apply for NDIS funding is overly complex and way too hard. I have been working on an application for my grandson for four months and keep hitting brick walls.

The system is broken. It needs fixing.