

Submission
No 145

**INQUIRY INTO HEALTH OUTCOMES AND ACCESS TO
HEALTH AND HOSPITAL SERVICES IN RURAL,
REGIONAL AND REMOTE NEW SOUTH WALES**

Name: Name suppressed
Date Received: 10 December 2020

Partially
Confidential

I have lived in the Gosford/Wyoming area on the Central Coast for some 20 years however I am unable to get any GP services in my area. For all GP services for myself and my 16 year old son I have no choice but to drive some 50kms to Mt Kuringai in Sydney which is simply unacceptable.

I am now 60 years old and luckily am able to drive but what happens in another 20 years and I cannot? Further I am luckily in fairly good health but I simply do not bother to go to the doctor except in emergencies as it is too difficult.

In every case when I approach a GP clinic I am told "Sorry our books are closed and we are not taking any more patients."

There is a single medical centre at Gosford but the wait is always above 1 1/2 hours which is unacceptable as I see a different doctor every time and there is no continuity in health care.

Does the NSW Government consider this to be an adequate standard of health care? I submit that most remote rural areas would have a better standard of care.