

Submission
No 103

**INQUIRY INTO HEALTH OUTCOMES AND ACCESS TO
HEALTH AND HOSPITAL SERVICES IN RURAL,
REGIONAL AND REMOTE NEW SOUTH WALES**

Name: Name suppressed
Date Received: 1 December 2020

Partially
Confidential

Last Thursday I presented to Bowral hospital in a dissociative state following a self harm episode. Initially they refused my husband from coming in with me but he vehemently insisted saying it was a mental health issue and I shouldn't be left alone.

I had to wait five hours for pain relief after repeated requests. I was eventually treated at seven hours later to receive stitches. There was only one doctor who had been on duty since 11.30am that day and it was 12.15 am when I was treated. He was exhausted and aged only 27.

Bowral is about to open a new hospital which the nurses said would Be understaffed as they can't get doctors to work in regional areas and with Covid19 restrictions on overseas doctors coming. This is a dire situation and it requires immediate action.