

Submission
No 87

**INQUIRY INTO HEALTH OUTCOMES AND ACCESS TO
HEALTH AND HOSPITAL SERVICES IN RURAL,
REGIONAL AND REMOTE NEW SOUTH WALES**

Name: Name suppressed
Date Received: 29 November 2020

Partially
Confidential

As a registered nurse of 40 years .being forced to be in charge of shift because rostered with junior staff and casual staff that do not have enough experience. Being in charge having to deal with up and beyond my duties because no other person on the ward experienced. Being pulled from one job to another .constantly having my name called all shift to do other peoples jobs .dealing with bad behaviour of patients .aggressive patients .dealing with patients diseases that do not belong to a surgical ward and no one knows how to deal with mental health patients on a surgical ward .being left without support from the nursing unit manager because there is nothing they can do .patients today have multiple problems .yet we do not get staffed on acuity.

We get hammered with extra work .never get proper meal breaks .always get off late because of the workload. Only aloud 1 person off for annual leave at a time .so that means no holiday for over 12 months .the only way I could get time off was to be do run down and stressed out affecting me medically. I have nursed for 40 years .I have resigned and unfortunately taken all my clinical knowledge and experience with me and unable now to teach the young.