

**Submission  
No 54**

**INQUIRY INTO HEALTH OUTCOMES AND ACCESS TO  
HEALTH AND HOSPITAL SERVICES IN RURAL,  
REGIONAL AND REMOTE NEW SOUTH WALES**

**Name:** Ms Elizabeth Kelly  
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Health care for people over the blue mountains are left well behind I looked after my brother who suffered a stroke in 2001. I looked after him until his passing in Jan 2020 aged 63. After being diagnosed with stage 4 cancer in July 19 I struggled to cope with full time work and looking after my brother. My brother received the NDIS payment but due to no workers in our area I had trouble finding support. I put my job on hold In November 19 to be his full time caretaker but the government gave my a career allowance. I fought with NDIS to pay me. They gave me 2 hrs a day

Why do we have to go without in the central west. When families can not cope and want to put family into our local community for respite we are not allowed due to no one trained in these areas. A big distress for loved ones and family members.i have lost both my sons to this awful health system, they did not want me too look after my brother as they could see that I was at breaking point. But my brother only had me. No other family members alive to help me.

Yes we are aboriginal family who have lived and worked our entire life in our Warren community. We do have facilities here in town. But we don't have the workforce to help our aged community

Thanks  
Elizabeth