# INQUIRY INTO HEALTH OUTCOMES AND ACCESS TO HEALTH AND HOSPITAL SERVICES IN RURAL, REGIONAL AND REMOTE NEW SOUTH WALES

**Name:** Name suppressed

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Partially
Confidential

I am a Registered Nurse in a Rural and Remote town in NSW. Over my 16 years working in this profession I have seen a decline in the way nursing is conducted. It is no longer about patient care! We find ourselves looking at a computer screen filling out multiple, repetitious forms proving that we have conducted the work required of us which is resulting in less time for pt care or even having fun with our RAC residents.

My Grandmother was a nurse and as a child I used to spend time with her at work, they were fun memories, full of laughter and patients having fun. This has been lost over the past 2 decades which is resulting in my own dissatisfaction of a job that I love to do. I have witnessed a move from nurses being knowledgeable and able to determine risks and changes in their patients condition to now using tools to determine what we are to do next, how insulting.

VMO's are now not replaced when they are away, we now use VRGS or VCare which are Doctors available via a camera or telephone. These Doctors are relying on our skills to attend a thorough head to toe assessment and then make a clinical diagnosis from us doing all of the work, I want their job!

We are expected to upskill for no extra pay, increased workload, leaving work most days feeling as though I haven't done my job to the standard I should. We miss meal breaks, don't get to drink enough water or use the toilet sometimes, I hope those people making more work for us and adding more forms get to.

In metropolitan hospitals they have a cardiac arrest - the nurses call a MET's team, Lady having a baby - send to Maternity, Abusive MH - call security and put in secure room. We unfortunately don't have these luxuries and have to attend to them with just 1 RN and 1 EEN or AIN per shift and try to keep my 13 residents safe.

Thank you for listening to my concerns.