

**INQUIRY INTO LONG-TERM SUSTAINABILITY OF THE
DAIRY INDUSTRY IN NEW SOUTH WALES**

Name: Name suppressed

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Partially
Confidential

To whom it may concern,

I was raised and conditioned to believe that dairy was a staple of life and that I NEEDED to drink a glass of milk everyday otherwise my bones wouldn't grow and would become brittle. I was fed marketing lies from the dairy industry from a young age which were perpetuated by my family members and schooling. In reality milk via casein actually makes you more resistant to calcium. I grew up believing cows were happy being milked day in day out and that it was a natural And necessary process for humans to consume milk on a daily basis. Once I was older and actually learnt that cows don't produce milk unless they have recently given birth and that the milk is intended for their offspring AND that milk is not a necessary food for healthy living and that it actually causes more problems, I stopped consuming it.

The more I speak to those around me, the more I realise how normal it is to have been duped by the dairy industry into thinking that cows always produce milk and that it is necessary for the body to function. This is an industry based on profit, hawking an unnecessary product that leaves mothers longing for their children which can legally be bludgeoned to death within a certain time frame if they provide no means of profit to the company. Bobby calves are of no use to the dairy industry and their lives too often result in a premature death. How can a government of a progressive society support an industry that I'm poses a cycle of constant despair on these mothers and children. I wish that in school I was not taught that dairy was a natural part of the human diet, it is breast milk for a cow.

The proteins intended for a large And developing mammal Are not intended for a human, hence why 70% of the world is lactose intolerant and why when you stop consuming milk, when you accidentally do, you fall horribly sick because your body is used to not having to tolerate its potency. Dairy is linked to causing many types of cancer and should not be advocated as a healthy product, especially to children who are easily influenced and will be adopting beliefs and habits they may portray for the rest of their lives. They should be offered the truth. That dairy is a cruel industry, that is unnecessary and unhealthy. Cows are highly intelligent beings that can recognise who their family members are and can show compassion and have different personalities. They are not 'stock'. They are Sentient beings who are having to experience the loss of their Children again, and again. This is cruelty and exploitation at its finest. It's wrong and if you have the capacity to end some form of these cruel practises, it is your moral obligation to do so. Or otherwise leave thousands of mothers, in mourning for the loss of their babies and treated like machines to crank out their bodily fluids for profit.