

**INQUIRY INTO LONG-TERM SUSTAINABILITY OF THE  
DAIRY INDUSTRY IN NEW SOUTH WALES**

**Name:** Name suppressed

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Partially  
Confidential

We have moved into a new era where human beings are more aware, hopefully more compassionate, and certainly more active in the arena of animal rights.

We know people like consuming dairy but there are many arguments for avoiding dairy for better health. For one, dairy creates mucus in the body which transports viruses and infections. At a time when Covid-19 is running rampant, it is definitely time to look to alternatives for better health than the mainstream way of thinking and conditioning. Many people also have low allergic reactions to dairy and aren't even aware what is causing it, undermining their health.

The dairy industry needs to be more transparent about its practices. It is not common knowledge how cows are impregnated and that their calves are taken at or soon after birth so that their breast milk can be taken for human consumption instead. Humans are the only animals that consume other animals' breast milk. Therefore people need to be made aware of the consequences of dairy consumption and propping up such an industry.

These are horrendous practices for one species to do to another and it is typical of Australia's punitive culture towards animals. I am a 58 year old vegan (for 6 years now) and I've never felt healthier.